

Mount Mercy Times

A student publication serving Mount Mercy University

Issue 4, Thursday, Nov. 1, 2018

Nation and MMU Abuzz Over

Mid-Term

Election

Not College Fall-Break or Mid-Terms: Halfway Through Trump's Turbulent First Term, Divided National Votes Tuesday

More Election Information Inside:

Pages 6-7, Brief profiles of major candidates: Gov. Kim Reynolds, running for election to office; Fred Hubbell, challenging Reynolds for governor; Rep. Rod Blum, running for re-election; State Rep. Abby Finkenauer, challenging Blum

Heard on the Hill, page 5, does your individual vote matter? Brooke Ghess, freshman music and education, says yes because "one brick does not make a building." Read what other students say about voting.

Our crossword, page 8, is on the election.



MMU Student Takes Semester to Push Voting

By Peter Brooks
Staff Writer

It seems as if the stakes could not be higher in the upcoming midterm election. The election takes place Tuesday, Nov. 6. Citizens will be voting for state-wide executive offices, the state legislature, county offices, the U.S. House of Representatives and the U.S. Senate.

Just 58 percent of people voted in the 2016 presidential election, and political observers of all political par-

ties are calling on people to get out and vote. The election takes place with the country sharply divided over the controversial leadership of Republican President Donald Trump.

Mount Mercy student Mauricio Diaz took a semester off to work with NextGen a nonprofit promoting

♦ See NextGen
page 6

Inside the Times



Starbucks executive talks about achieving that goal. See page 2.

Women win in soccer

Senior Sam Blowers in action against William Penn. The women came up winners
See page 11.



Prof Likes to Ask 'Why?'

Dr. Jaclynn Sullivan's curiosity led to psychology.
Snapshot, page 8



Busse Open Fewer Hours

Busse Library's staff of professional librarians is smaller, leading to fewer hours it is open and help is available.
See page 4



See Truth of Youthe,
Movie Review, page 9

Heads up:

MMUANS Hosts Annual Fall Blood Drive

On Nov. 13, the Mount Mercy University Association of Nursing Students will hold a blood drive from 10 a.m. to 2 p.m. in Betty Cherry. The sign-up link for an appointment is in the email Student Engagement sent out.

Mount Mercy to Hold Cake Decorating Contest

Saturday at 6 p.m. in the University Center, students will have a chance to use cake, icing, fondant and decorating pieces. Items are provided and there will be prizes for the top three teams (one to three people per team), but each team can take home their cake.

Vote in Midterm Elections!

This year's important midterm election – including Iowa's election for governor – is this coming on Tuesday, Nov. 6. See pages 6 and 7 for voter information!

Climate Change Proves Difficult Story for Media to Cover

By Logan Schroeder
Opinion Editor

The nature of climate change makes it a hard story for the media to report, said Joe Sheller, associate professor of communication.

He gave an Oct. 11 presentation called "Hot Story: How the Media Struggles to Cover Climate Change" as part of the Fall Faculty Series. The presentation closely followed the release of the United Nations findings on climate change.

Sheller said that, "By no means am I a scientist," and proceeded to explain to the audience that this wouldn't be an impartial presentation. Impartiality is a hallmark of journalistic reporting, something Sheller stands for.

"I have a vested interest in my grandson's life," said Sheller as a reason he was personally concerned about climate change and the effects it will have on the current generation. "It's going to really mess up life on the planet and hurt a huge number of people."

The presentation touched heavily on the fact that climate change is a hard story to grasp, believe and tune into. This means that, for the layman, there is so

Executive Details How Starbucks Achieved Pay Equity

By Madelyn Orton
Managing Editor

According to an executive of a major American company, pay equity is a key issue.

Sara Bowen, global leader of inclusion, diversity, equity and accessibility at Starbucks, spoke to the Mount Mercy community on Oct. 25 as a part of the Barbara A. Knapp Business Speaker Series.

Bowen's presentation, titled "Closing the Gap in Pay Equity," addressed insights and statistics that helped Starbucks reach 100 percent pay equity for its employees.

"Pay fairness is more important to employees than their relationship with their manager," said Bowen.

Bowen presented three principles to



Madelyn Orton/Times

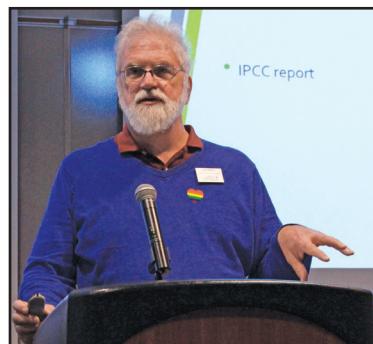
equal pay: equal footing, transparency, and accountability.

Bowen also used an interactive polling system in her presentation, in which the audience gave input via their cell phones.

A large crowd attended the lecture, basically filling the seating area. The Barbara A. Knapp Business Speaker Series began in 2010, and each year brings a business lead-

er to campus. Recent past speakers include Danny Mishek, who is president and founder of an ecologically friendly planter company SelfEco, and Rue Patel, plant manager of General Mills, one of the largest employers in Cedar Rapids.

Editors' Note: Sam Whalen, senior, contributed information to this article.



Logan Schroeder/Times

Joe Sheller, associate professor of communication, speaks about climate change Oct. 11.

strategic leadership.

The next presentation in the series is today, Nov. 1, by Rachel Murtaugh, director of sustainability and stewardship. She will speak on "Iowa Lands and Water."



Poet and Activist Uses Work to Relate to MMU Students

By Chuck Uthe

Staff Writer

Straight after a nine-hour drive from Detroit, Michigan., Natasha T. Miller performed at Mount Mercy University with a strong and powerful slam poetry session.

Miller has performed all over the world, in fact, just last week she performed in Dublin, Ireland and in London, England. Thanks to M2AP Board, Miller was able to perform her inspiring and powerful poetry here on campus.

Miller consistently talked about how important family is to her and how important family should be to the rest of the world.

She talked about how she found her voice, performing at open mic nights helped, but Miller found that most of her talent came naturally. She was never aware of what poets were popular, and she didn't perform slam poetry before becoming a professional poet.

The advice that she gave the audience was this: "Bring your own voice to the stage, not someone else's. Be your own poet."

Ekaterina Rangelova/Times
Students explore the Maquoketa Caves

Eco Club Takes Students to State Park

By Ekaterina Rangelova

News Editor

On Oct. 13, the eco club organized a hike at the Maquoketa Caves State Park located in Jackson County.

Containing more caves than any other state park in Iowa, students were able to walk through nature, enjoy the cool fresh air, and explore various caves. The site is also convenient for camping and picnicking; it also has many trails that are comfortable to walk through.

Some of the caves the park contains include the Match Cave, Window Cave, Upper Dancehall, Natural Bridge, Twin Arch, Up-N-Down, Wide Mouth Cave, and Steel Gate. Many of them were quite small and in order to see them, visitors had to

One of the engaging things about the way that Miller performs is that she gets the audience involved. She stopped and asked the audience different questions about events that happened throughout their life.

She asked, "What's the craziest thing you've done for your crush?" and "What's the craziest thing you've done, or the craziest thing that's happened to you after a break-up?"

After the audience would give their answers, Miller would tell a story about her own experiences. These were important questions to Miller because the stories she would tell would tie into her poetry in one shape or another.

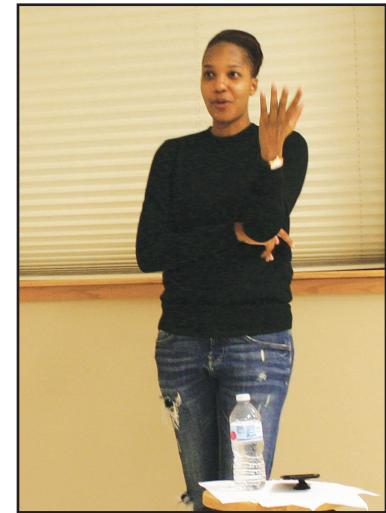
Miller is both an activist on the page and in the lives of many people around the world. She fights for not only LGBTQ+ rights, but also for the rights of people who aren't normally heard. Through Science Gallery, an organization she works with, she is able to provide so many poets throughout the world a chance for their voice to be heard.

Science Gallery uses science to get people involved with art and vice versa. Every year, poets from around the world can submit their poetry to Science Gallery. There's a different theme every year and the theme usually have to do with a problem that the corporation is focusing on, whether it be waste reduction or water.

Miller is also working with different programs and companies in Detroit to be able to provide young writers/poets with scholarships, this way striving writers and poets can have their voices be heard.

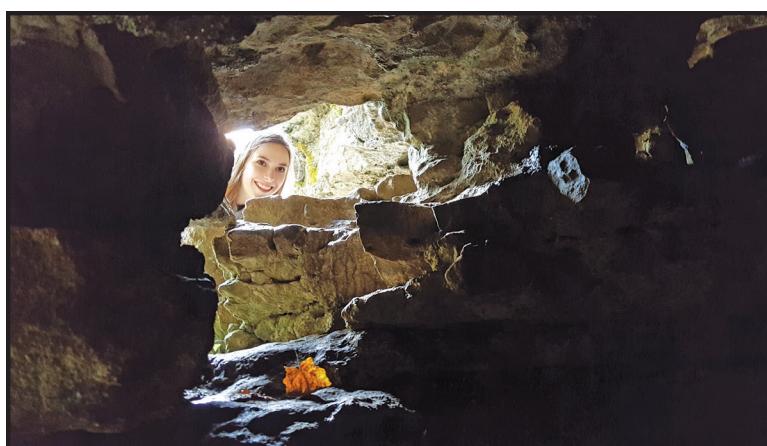
Miller is currently working with Button Poetry, a YouTube channel dedicated to slam poetry performances, to produce a book of many stories that will be releasing sometime in 2019. Unfortunately, due to how powerful and invigorating her brainstorming process is, the book does not have a title yet. However, Miller insists that the book will be filled with plenty of creative writing to spare.

Miller can be found on Twitter, Facebook and other forms of social media.



Jada Veasey/Times

Spoken word poet Natasha T. Miller turns the tables, asking the audience about their experiences in life.



crawl.

The most magnificent of them was the Upper Dancehall, which was a large underground cave. Entering it, visitors have to crouch until they reach a hall where they can stand and walk. It takes about ten minutes to explore the whole cave and exit on the other side.

The Maquoketa Caves were closed until August this year due to prevent the spread of white-nose syndrome, a disease that affects bats, and will be closed from Oct. 15, 2018 until April 15, 2019 for the bat hibernation period.

The eco club has organized similar hikes in the past. While this was the last Step Out Saturday they will have for this semester, the club will host similar adventures in the spring for people who enjoy being out in nature.

'Power is the New Pretty!'

Equity for Women Award Recipient Honors Feminist Icons

By Savannah Oler

Graphics Editor

Select Mount Mercy students saw Diane Ramsey honored as the 2018 Equity for Women Award Recipient Oct. 11. The event, at the Cedar Rapids Museum of Art, was hosted by 50-50 in 2020, a non-profit dedicated to political equity for Iowa women.

Ramsey's acceptance speech centered around "Yesterday, Today, and Tomorrow." She spoke about past women who were major political influences and paved the way for today and tomorrow.

"We are here this evening due to the great work of those women upon whose shoulders we stand, the collected efforts of each of us in this room, and the work that still needs to be done today and in the future for our daughters and granddaughters," Ramsey said.

Ramsey referred to Susan B.

Anthony, Harriett Beecher Stowe and Marie Curie. She tied the discussion closer to home by speaking of her great grandmother, Bridget Murphy, who firmly believed in the value of education.

Ramsey also discussed the importance of equal representation of women in politics and the workforce. She told of how her work contributes to a better future in which all people would have the opportunity to be their best, no matter their gender, race, creed or ability.

"I absolutely believe that women are the key to making that happen," Ramsey said. "Power is the new Pretty!"

Ramsey encouraged the audience to do "all we can to help raise and encourage strong, capable and respectful girls and boys who...are committed to making their communities better today and tomorrow."

Busse Library Announces Fewer Hours Librarians Are Available

By Caroline Groesbeck

Editor-in-Chief

With the full-time librarians leaving at 7 p.m. rather than midnight, students will have to find new times in their busy schedules to get help.

As of Oct. 21, the Busse Library has newly condensed hours. On Sundays, the library is open from 1 p.m. to 11 p.m. Monday through Thursday, it is open from 8 a.m. to 11 p.m. Friday hours remain the

same, 8 a.m. to 4:30 p.m. Saturdays have changed the most, with the new hours of 1 p.m. to 5 p.m.

The library went from operating around 93 hours a week to around 82 hours. The change was instituted because the staff was no longer able to work the longer hours.

"Once upon a time, there were eight full-time staff members," said Kristy Rainey, director of library services. "There are now five people. And over the course of

that time, those eight individuals worked almost 93 hours, I mean, the building was operating 93 hours a week. We've had five people maintaining almost those amount of hours. And to be frank, it becomes an issue of sustainability for the staff."

The new hours put more responsibility on student workers. The full-time staff now leaves after 7 p.m. Monday through Thursday and is no longer present on Saturdays.

"I think it requires students to realize, 'here's what I need to be planning for, if I'm having a problem, and here's what I need to do.' So, that's one thing that becomes their responsibility, to figure out those mechanics," said Rainey.

Another change is reduced public access to the library. Whenever the work study students are in charge, access is restricted to students, staff and faculty. Visitors have to scan their MMU ID card.

New Grad Faculty Member Brings Healthcare to Migrants

By Rob Brown

Staff Writer

Mount Mercy University hired Dr. Megan Hart-Fernandez as a faculty practitioner, part of the graduate faculty for new nursing doctorate programs.

Fernandez got her inspiration to become a nurse from her grandmother, who was also a nurse.

"I enjoyed hearing her stories," said Fernandez.

After graduating from Cedar Rapids Washington in 2001, she started her college career at Mount Mercy College in fall of 2001, where she later earned her BSN.

After graduation at Mount Mercy, she started her journey at the University of Iowa in fall of 2006, where she later earned her MSN and DNP in 2011. During grad school, she worked as a

New Faces on The Hill

Introducing faculty

nurse at the Linn County Jail on the weekends.

Since then, Fernandez has been a nurse at St. Luke's for the past 15 years. While at St. Luke's, she taught new parents prenatal, breast feeding, sibling, Smart Sitters babysitting classes, and Spanish for nurses. Fernandez is bilingual in English and Spanish.

For the last 7 years, Fernandez has been working in occupational medicine for a company called Proteus Inc. She practices from a mobile clinic and serves Iowa's migrant worker population.

"They often lack primary healthcare, our mobile clinic goes to them in the evenings or weekends to help take care of their little kids, well child visits, immunizations, and chronic disease management," says Fernandez.



Rob Brown/Times

Dr. Megan Hart-Fernandez, faculty practitioner in the nursing graduate program.

In high school, Fernandez volunteered to teach English to migrants and also took part in a foreign exchange program.

"I really enjoyed the immigrant population and I realized there was a lot of services they were lacking, and I found it rewarding to teach them English as well as provide healthcare services to that deserving population that is very underserved," said Fernandez.

Comedian Comments on Crazy Iowa Weather During MMU Show

By Jada Veasey

Staff Writer

Just in time to provide a laugh before midterm blues set in, M2AP Board brought comedian Jessi Campbell to the McAuley Theatre Oct. 9.

The charismatic Campbell was featured on NBC's "The Last Comic Standing" and was also Campus Activities Magazine's performer of the year. She is known for college-based humor in her

shows.

She said "I loved that she was funny and relatable," said Justina Blasi, sophomore social work major and M2AP Board member. "She was open to sharing things about herself."

Campbell tailored much of her set to Mount Mercy, joking about things like the crazy Iowa weather, rumored ghosts in Warde Hall, and her interest in trying Pancheros while in Cedar Rapids.

Better Play, Good Updates to Story Make New Spiderman Game Great

Review



Logan Schroeder
Opinion Editor

zip attack, one for gadgets and one for a spider sense dodge. You can do a surprising amount with just that set up and it feels great.

In story, they nail all of the important and timeless aspects of the character Peter Parker. He is smart, broke, having relationship troubles, being as selfless as a person can be, and still finding time to save Manhattan.

The game also changes up Spider-Man's long term relationship partner Mary Jane Watson and makes her a journalist for the Daily Bugle instead of an actress/supermodel, which is a great change. She is also a playable character in portions of the game along with Miles Morales. These sections are stealth-based and much slower-paced than the other parts of the game. They are fun for the story elements, but drag a bit in the game-play department.

Marvel's Spider-Man also utilizes a good amount of the villains from the lore but not every single one, so the game isn't overloaded with bad guys. This is great too because it sets up the game to have many of the those other villains from the rogues gallery show up in a sequel.

Overall, if you are a fan of Spider-Man, or if you are a fan of open-world action games, absolutely get this game.

I'd give it an 8.8 out of 10. The game only has a few minor flaws, and I can't wait to see what they do next.

The Naughty Bits You're Born With Are Not The Whole Story of Your Gender

Opinion



**Logan
Schroeder**
Opinion Editor

The Trump administration has been floating the idea of legally defining sex with the genitalia you were born with.

This is asinine garbage, full stop. It is also an attack on people like one of my family members and shouldn't even be considered as viable policy. Sex at its core is a vastly complicated, genetic-level set of information, and is based on way more than your lower body organ.

As far as I can tell, Trump himself doesn't really have any concrete feelings on this subject. To me, this proposal has the musk of Mike Pence all over it. He opposed Obama's directive on transgender people and their bathroom rights.

Any ruling on sex would create terrible problems for transgendered people—and they already, in my view, have a more challenging time than other members of the LGBT community. This would strip them of many of their rights and also mess up any of the protections they have in the Constitution.

This decision would also render all

transgender people's passports void and make it so they couldn't leave if they wanted to. This is a huge thing, as freedom to travel is something that all people in America should be entitled to.

It would also likely have the repercussion to make it so employers can discriminate against transgender people. This could also create a slippery slope leading to other people being discriminated against in their workplace. This is something that I would loathe to see.

I also can't stress how extreme it feels to me to create a situation where people can be easily oppressed like this. It makes me want to pull what little hair I have left out.

The road laid out before us is something I never thought I would see America even consider, but with this current administration any sense of decorum or decency feels like it is off the table.

I'm pretty sure I live in America and I'm also pretty sure I live in the land of the free.

Taking away anyone's rights at all spits in the face of what I think America should be about: "life, liberty, and the pursuit of happiness." Doing anything to change that concept hurts our democracy and doesn't stand for freedom.

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The Mount Mercy Times is a biweekly student publication serving MMU students, faculty, and staff and those close to the Mount Mercy University community. The Times is published on alternate Thursdays during the school year (each issue has a Thursday date, but the paper is usually distributed Wednesday).

In addition, the Times maintains a student-run website for the dissemination of additional news in various forms, including Times TV video stories.

Membership on the staff of the Times is open to any MMU student, full- or part-time, undergraduate or graduate.

Please attend one of our staff meetings, which are all open to the public, or contact an editor or our advisor for more information. Meetings will be announced in the paper, via social media and with on-campus posters.

Staff Writers are listed by name on the stories they write, photographers are credited

on photos.

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Letters to the editor are encouraged. Letters should be concise, 300 words or less, and preferably emailed. The author's name, phone and address must be included. The name is published with the letter. Longer commentary, in the form of guest columns, is also encouraged. Besides the name, a photograph of the author is published with guest columns.

The Times reserves the right to edit or omit submissions. Letters and other submissions may be sent to the Times via email, campus mail or brought to the Times

office in the lower level of the Busse Library.

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The Mount Mercy Times will not print material found to be in poor taste or that it deems detrimental to a person's personal character. However, provocative comments on matters of public interest are encouraged.

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Heard on The Hill

What people are saying on topics of interest

By Nicole Carl and Marlon Flores-Paniagua

With 2018 midterm elections coming up, Nov. 6, the Mount Mercy Times asked students: Do you think your individual vote impacts the country as a whole?



**Marshall
Muehlbauer,**
sophomore,
nursing major.

"Yes, because I tell my state how to vote and I get to vote for who I think would do their duty best."



Ian Ridgway,
freshman, biology
major

"No, yes I can vote, but overall I won't make a difference. It would be millions to one."



Sydney Kaup,
freshman, secondary
education major.

"If you are voting for a candidate yes, but if you are doing a write-in it is a waste. I believe it is impactful if you use it right."



Katelyn Kral,
freshman, business
and human resources
double major.

"Yes, everyone has their own opinions and has their own power to change things, we all effect the outcome."



**Conner
Christophersen,**
junior, business
management
and healthcare
administration
double major.

"No. But even though I don't think it is impactful, it is important especially during this time to get your opinion out there and heard."



NextGen Activist from MMU Says Election Sets Path for Decade

◆ MMU Student from page 1

voting and the Democratic Party, and agrees that this election is pivotal for the future of the state of Iowa.

"I took a semester off from Mount Mercy to join this fight because of what is at stake this November," Diaz said. "I feel we had our bargaining rights taken away from labor unions, passed a heartbeat bill that would make it hard with women's rights to choose."

Diaz has also been open on his opinion with state taxes and the state of DACA.

"The tax bill we have does not benefit regular Iowans," Diaz said. "One of the main reasons I have been fighting is because of the DACA status in this country is also at stake this November. The main political issues that have been talked about are national-scale. My focus has been on local and what the state can do because this is a midterm that will decide the next 10 years for Iowa. Healthcare and education are trending in the political climate."

Gov. Kim Reynolds, the state's two-term lieutenant governor who became a non-elected governor when former Gov. Terry Branstad was named ambassador to China, is running for governor in Iowa on the Republican ticket against Fred Hubbell, who is a philanthropist and long-time Democratic donor from Des Moines. For Secretary of State, Paul Pate of Cedar Rapids is running on the Republican side against Democrat Deidre DeJear.

In the Congressional district representing Mount Mercy, incumbent Rep. Rod Blum, a Republican, is being challenged by state Rep. Abby Finkenauer. Other Iowa Congressional races: Democrat Dave Loebsack, a former professor at Cornell College, is running for U.S. House 2nd District against Republican Christopher Peters. For U.S. House 3rd District it is Democrat Cindy Axne and Republican David Young. Steve King, a Republican, is running for U.S. House 4th District against Democrat J.D. Scholten.

The closest address to vote from Mount Mercy is First Lutheran Church, 1000 3rd Ave SE, Cedar Rapids.

Editor's Note: Opinion Editor Logan Schroeder contributed to this article.

In Long Ballot, Major Local Contests Feature GOP Incumbents vs. Democrat Challengers



Rep. Rod Blum

Party: Republican
Profession: Member of Congress
Age: 63
Residence: Dubuque
Website: rodblum.com

Representative Rod Blum has served in the United States Congress for Iowa's 1st congressional district since 2014.

Blum is a self-described "Tea Party Republican," and currently sits on the House Committee on Small Business and the House Committee on Oversight and Government Reform. He is also a member of the Subcommittee on Government Operations, the Subcommittee on Investigations, Oversight, and Regulations, and is the Chair for the Subcommittee on Agriculture, Energy, and Trade.

Blum's website says "One of the things that has separated our great country from the rest of the world is our citizens have always had hope and belief for a better tomorrow – belief that our children will live better than us. Every generation in this country has lived better than the previous – I am fighting in Congress to keep that dream alive."

The issues that Blum is most concerned with include increasing funding for social security, opposing abortion, supporting farmers and expanding America's agricultural economy, creating jobs, eliminating the economic obstacles that small businesses face, and protecting the free market economy.

Blum's website emphasizes that he supports holding his fellow members of congress accountable for their decisions and supports a constitutionally limited government.

Two from Dubuque Vie for Congress



State Rep. Abby Finkenauer

Party: Democrat
Profession: State Representative in House District 99
Age: 29
Residence: Dubuque
Website: abbyfinkenauer.com

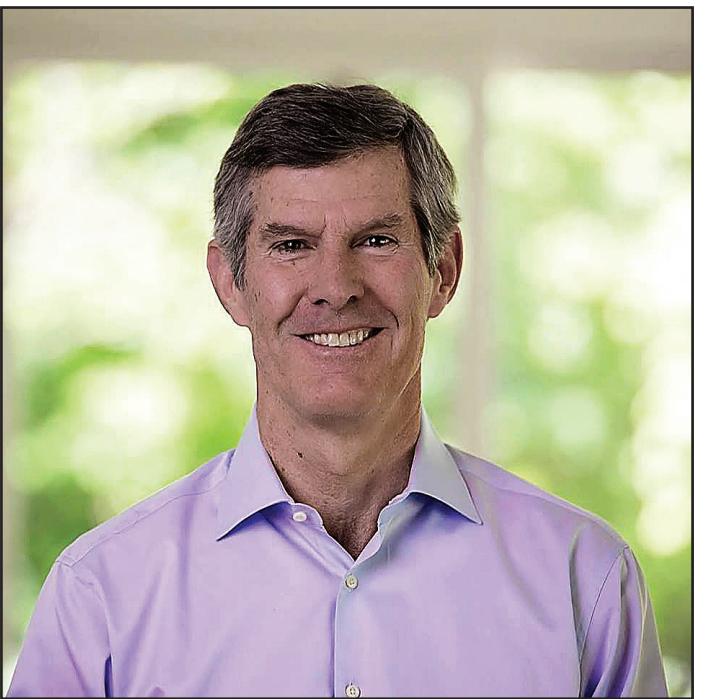
Abby Finkenauer has served as a representative in the state House since 2014. As Finkenauer competes for a spot in Congress, the primary issues she has campaigned on include expanding access to women's healthcare, investing in renewable energy, supporting the Affordable Care Act, protecting the health care rights of Americans with pre-existing conditions, supporting senior citizens, protecting the environment, expanding access to job training, expanding access to Pre-K programs in public schools, supporting veterans and supporting a living wage.

Finkenauer emphasizes the importance of making higher education in America more affordable. She says on her website that "I went to college here in Iowa and I know firsthand how difficult affording college can be. Like tens of thousands of Iowans, I'm still struggling to pay back my student loans."

Finkenauer supports a bi-partisan solution for the immigration problems America is currently facing and is against abolishing ICE.

Finkenauer's website states that "If elected to Congress, Abby will take the values she learned from her family and her experiences growing up in a blue-collar community to Washington, D.C., where she will be the fighter Iowa's working families deserve."

Editor's Note: The profiles, based mostly on statements the candidates posted on their web sites, were compiled by Times reporter Jada Veasey. We encourage students to search the sites themselves, and to check into other candidates and sources. Images are either candidate-posted publicity shots or government portraits.



Fred Hubbell

Party: Democrat
Profession: Former businessman
Age: 67
Residence: Des Moines
Website: fredhubbell.com

Fred Hubbell is a fifth generation Iowan with experience in both the public and private sectors and experience in public service. Hubbell's website states that "Throughout his career, Fred has been a tireless progressive."

In the 1980s, Hubbell ran large companies, including Younkers and Equitable of Iowa. In 2007, Hubbell led the Iowa Power Fund, a renewable energy organization, and in 2009, he led the Iowa Department of Economic Development, which was created to clean up a tax credit scandal in Iowa. Hubbell has also served on the boards of Mercy Medical Center, the Iowa College Foundation Board, and the Simpson College Board.

Hubbell's main concerns in this election include expanding access to healthcare, increasing access to job training, improving mental health services, supporting veterans, and increasing access to higher education, as well as making it more affordable.

Hubbell also hopes to help Iowa grow economically by supporting rural communities and investing in renewable energy throughout the state.

On renewable energy, Hubbell's website says that "By investing in renewable energy, preserving our topsoil, and bringing together all Iowans, urban and rural, to address growing water and air quality concerns, we can ensure that the Iowa we all love is safe and protected for future generations." Rita Hart is running alongside Hubbell as his pick for Lieutenant governor.

Incumbent Governor Seeks First Election



Gov. Kim Reynolds

Party: Republican
Profession: Incumbent Governor
Age: 59
Residence: Urbandale
Website: reynoldsgregg.com

Kim Reynolds is a fifth generation Iowan and is currently serving as the governor. Before serving in this position, Reynolds previously served four terms as a Clarke County's treasurer, and then became a state senator in 2009. Reynolds was former Governor Terry Branstad's lieutenant governor from 2011 to 2017.

When serving as Lieutenant governor, Reynolds also served as the chairwoman of the National Lieutenant Governors Association. Reynolds assumed the governorship in May of 2017, becoming Iowa's first female governor. Reynolds became the governor after Branstad was appointed the American Ambassador to China.

Before becoming a politician, Reynolds' was a pharmacist's assistant. Reynolds has substantial economic experience and hopes to ensure the economic stability of the state of Iowa, among other things.

Reynolds' other top concerns in this election include improving healthcare, cutting taxes, creating jobs, opposing abortion, improving mental health services and increasing funding for public education. In terms of education, Reynolds has frequently emphasized the importance of STEM based education in Iowan schools. Reynolds' campaign website states that "Kim Reynolds understands the challenges families face because she's faced them herself." Adam Gregg is the current lieutenant governor and is running alongside Reynolds.

What is on the ballot

Here are the races on the ballot for the voting precinct of Mount Mercy University. To find your sample ballot if you live in Linn County off campus, see: <http://www.linncountylelections.org/lookup/index.cfm?action=search>

For State Senator District 33

Edward Bernie Hayes
 Republican Party
 Robert M. Hogg
 Democratic Party

For State Rep. District 65

George M. Olmsted
 Republican Party
 Liz Bennett Democratic Party

County Offices

For Board of Supervisors District 2

Ben Rogers Democratic Party

For County Treasurer

Denise Sotelo
 Westerhoff Republican Party

Sharon K. Gonzalez

Democratic Party

For County Recorder

Joan A. McCalmant
 Democratic Party

For County Attorney

Jerry A. Vander Sanden
 Democratic Party

For Secretary of State

Jules Ofenbakh
 Libertarian Party

For Soil and Water Conservation Commissioner

Vote for no more than Two

Robert Broulik, Dan Abel

For County Agricultural Extension Council

Vote for no more than Five

Leland Freie, Dennis E. Jordan, David McDonald, Dan Abel, Michael Anderson

Court of Appeals Judge

Shall the following judges be retained in office?

Michael R. Mullins
 Mary Ellen Tabor
 Anuradha Vaitheswaran

District Court Judge

Andrew B. Chappell
 Paul Miller

Mitchell E. Turner

Deborah Farmer Minot
 Nicholas Scott
 You will be asked for ID at the poll, but can sign an affidavit. MMU's voting location is First Lutheran Church, 1000 3rd Ave. SE.

Marco Battaglia
 Libertarian Party

Tom Miller Democratic Party

Asking 'Why?'

Teaching, Research Draws
Psych Prof from Med Dream

By Courtney Hoffman

News Editor

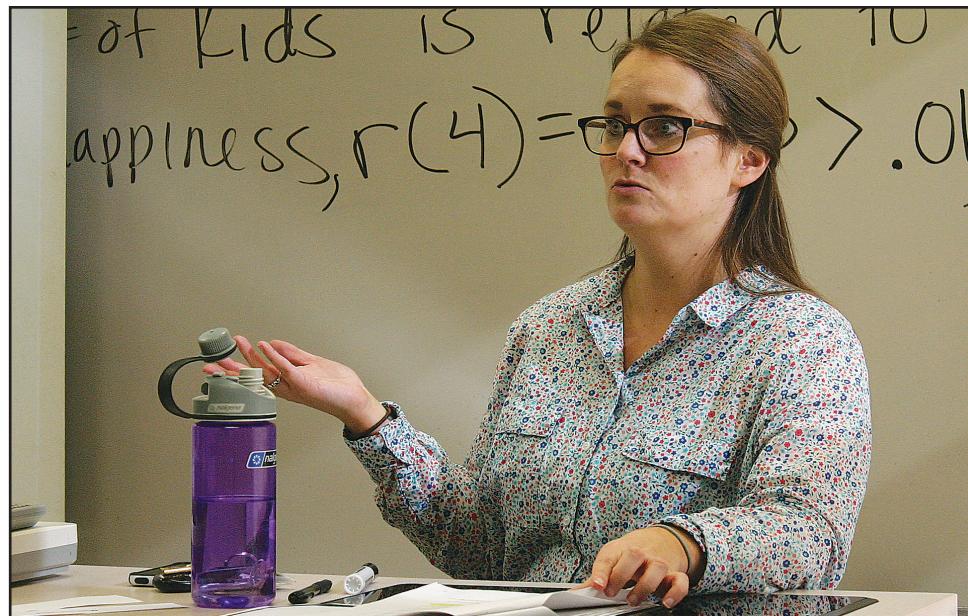
Dr. Jaclynn Sullivan, new assistant professor of psychology, chose her field over medical school. With initial dreams to become a cardiologist, Sullivan found her path in a single class. Though it was unrelated to her major, she was drawn to psychology and left her med dreams behind.

"I started taking research classes in psychology and realized that I could ask 'why' questions all the time—why things are the way that they are—and I could get answers to those things," she said.

"Once I took cognitive psychology in my sophomore year, I was like 'this is it.'"

Sullivan is a cognitive psychologist, so she usually studies things that are memory, attention or performance-related, she explained. She specializes in embodied cognition, which focuses on how your mind and body work together. Her specific research is about students and how to make learning environments better for memory.

"I research how memory and student



performance are affected by both your body and mind in the classroom and my body and mind in the classroom—like what am I modeling to you," she said.

She also studies the differences between online and in-person learning.

Sullivan was guided to education around the time she committed to switching her major. Sullivan asked her professors what she could do with a psych degree and was unimpressed with the common answer, therapy.

"The things that excited me the most were getting to interact with other people,"

Sullivan said. "I was always a tutor or the TA for a class. Those things were really exciting to me, and the research was really exciting to me. Talking to people about their personal problems was not exciting to me."

She chose to teach at the college level because she gets to work with intelligent people, do her own research and can still teach others about things she's interested in. College students, she said, have big, deep questions she can help to answer.

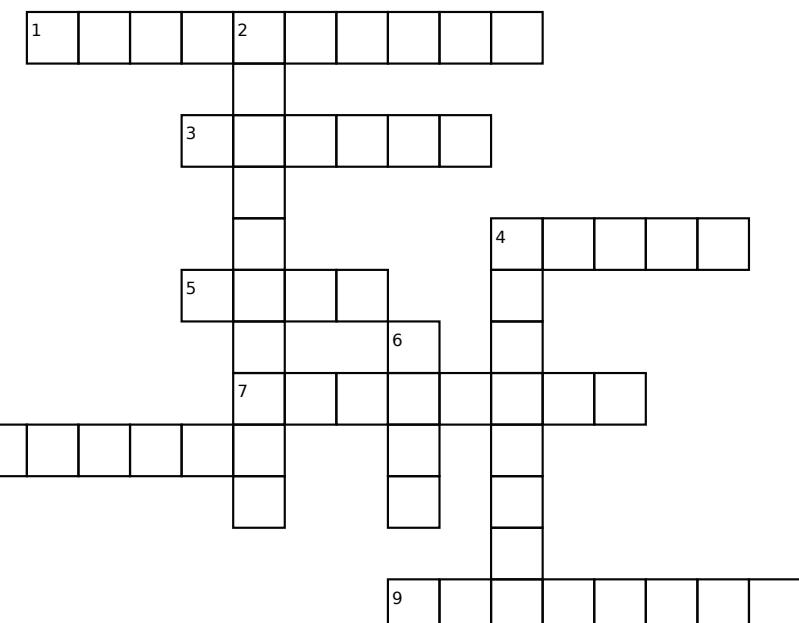
She also enjoys teaching smaller classes because she can get to know students—that's part of what drew her to Mount Mercy.

Sullivan had an interview at Mount

SNAPSHOT

Meet the people
on The Hill

Jaclynn Sullivan



Election Crossword Puzzle

Down:

2. a body of people entitled to vote
4. a declaration of the principles on which a group of persons stands

6. the duration of time someone is in power for

Across:

1. an assembly of persons met for a common purpose
3. a regulated argument between two sides

4. a group of persons organized for the purpose of directing the policies of a government

5. place where votes are cast or recorded

7. a ballot for someone that is not there

8. a sheet of paper used to cast an anonymous vote

9. a connected series of operations designed to bring about a particular result

(Puzzle written by Savannah Oler. Puzzle design copyright Education.com. Answers on Times web site, times.mtmercy.edu.)

Courtney Hoffman/Times

Jaclynn Sullivan, associate professor of psychology lecturing for her Statistics for Behavioral Sciences class

Mercy in November of last year after spending Thanksgiving with her family in Chicago.

"I drove here from my parents' house, pulled into town, and there was just something about it," she said. "Like, Cedar Rapids—I know people make fun of Cedar Rapids, but it felt really homey to me immediately. And then the next day I interviewed and immediately—all of the faculty I met with, the students I met with were all so, so nice, and genuinely interested in me and what I was doing. So, that's how I ended up here."

When she's not busy teaching or working on her research, she leads a pretty active lifestyle. Sullivan goes to the gym every day, likes to snow ski in the winter and loves hiking more than anything else.

And though she's adamant that she cooks only out of necessity, she loves to bake and does it frequently. "I love being active, baking things, and then being active because I baked things and ate them all. Those are my favorites."

She balances this out with much more relaxed activities, including watching a lot of TV when she can. "It keeps me current with you guys," she said, laughing. "I have to be able to talk with you about some stuff, you know?"

A Nightmare on Elmhurst: Are You Ready for Halloween?

Hello ladies and gentlemen, welcome to the Truth of Youthe, an advice column for Mount Mercy students. This edition's submission comes to us from an anonymous contact who wants to know: "How do I make the most out of my Halloween this year?"

Chuck – Well for starters, you must pick out the perfect costume for yourself. The best way to do this is to avoid going to Party City and/or other Halloween stores to look for costumes. Why do that when you can make your **VERY OWN** Halloween costume?

Go to your bedroom, pull off your bed sheet and then throw it around you so that it looks like you're wearing a long robe. Now, put on some pajama pants and some slippers. Then, take your hands and rub your head really fast so it messes up your hair.

Now go borrow a special coffee mug from one of the kitchen cabinets. Go look at your marvelous handiwork in a mirror.

The Truth of Youthe



Chuck Uthe and Matt Trueblood

Sages and Staff Writers

Congratulations! You look like a sleep-deprived, stressed-to-the-max college student! What better costume to wear than recreate what you look like when you get out of bed for an 8 a.m. class!

The second piece of advice I have for you is this: if you have siblings, go trick-or-treating with them on Halloween. It might be a hassle, especially walking around when there are other kids out and about, but I promise you it'll be worth it.

The reason for this is because your siblings will do all the hard-work for you. They are the ones who have to socialize with other human beings to get the candy. Then, as you're walking (or after they've gone to bed), sneak some of their candy into a bag of your own. If they notice what you're doing, just say that you're helping them sort their candy in terms of flavor/quality. You're sure to win them over. Now you've got plenty of candy and your par-

ents can't complain that you didn't spend time with your siblings! Everybody wins.

Trueblood – When you think about Halloween, what comes to mind? Is it the jack-o'-lanterns on people's doorsteps or the candy-filled buckets? Maybe it's the air of mystery and fright you experience while walking outside at night? Witch-ever way, the **BEST** way to get the most out of your Halloween season is to have fun! Throw a costume party for your friends, drink hot cider, and watch Charlie Brown.

You don't need to start a horror movie after 10 p.m. You don't need to share scary stories with your friends—especially not the one about the house on the corner by your grade school; you remember the one. The house your friend used to live in until their pets started dying and they moved away. The house you don't like to pass because the curtains move on their own and your hair stands up on end. Don't tell them about how some nights you can still hear the dogs barking behind the front door.

You can have fun in other ways. You don't need to go to Warde after midnight. You don't need to walk the halls with the lights off and listen to the pipes groan (Or

are those the pipes? You don't think they leave the furnaces on overnight—it's far too cold in Warde for them to be on anyway).

You don't need to play bloody Mary in the fourth-floor restroom—the spirits there prefer to play hide and seek. Don't ask your friends if they can hear the whispers in the darkness—they can and they're just as afraid of them as you. Most importantly, you should never turn your lights back on in the middle of the night. I promise whatever you see will be so much worse than what you think you hear.

Stick to the colorful candy and happy costumes, go to bed before 10 p.m., and if you're walking through the tunnels alone, don't EVER turn around—especially not when you feel breathing on the back of your neck.

If you have an issue, quandary, or problem about anything at all, we can help. Send your questions to us at truthofyouthe@gmail.com, times@mtmercy.edu, or [@ChuckUthe](https://twitter.com/ChuckUthe) on Twitter. You have questions, we have advice, let us help you! And, as always, let's go get that bread!

New 'Halloween' Horror Film Proves that Suspense Can Satisfy Even More Than Gore

The recent success of horror films such as Jordan Peele's breakthrough hit "Get Out", M. Night Shyamalan's psychological thriller "Split," and John Krasinski's science fiction thriller "A Quiet Place," proved that audiences are more interested in the horror genre than ever before.

Director David Gordon Green and screenwriter Danny McBride continue that trend with "Halloween" (2018). As a direct sequel to John Carpenter's 1978 horror classic, the end result is a genuinely terrifying horror experience that will have you on the edge of your seat.

A British documentary crew

Review



Cameron Junge
Movie Reviewer

comes to the United States to visit Michael Myers in prison for a retrospective of the masked killer's night of terror. Their project becomes way more deadly when Myers escapes custody, retrieves his signature mask, and goes on another killing spree. In the decades following the fateful Halloween night that forever altered the former babysitter's life, Laurie Strode, played by Jamie Lee Curtis, has armed and prepared herself for Myers' inevitable return.

What makes "Halloween" so effective as a horror/slasher film is that, unlike most horror films that rely heavily on blood and gore to scare audiences, it instead relies on pure tension, suspense, and a killer score from Carpenter to keep audiences on the edge of their seats.

Without going into spoilers, the first half of "Halloween" is

Patience is well rewarded with a nerve-shredding second half that culminates into a climactic showdown between Strode and Myers that will undoubtedly satisfy die-hard fans of the franchise.

primarily a slow-burner that devotes its time to character development and establishing the plot. It's clear that Gordon Green chose to take a more restrained approach with revealing the aftermath of the carnage left behind by Myers.

This approach might not sit well for some audiences, but their patience is well rewarded with a nerve-shredding second half that culminates into a climactic showdown between Strode and Myers that will undoubtedly satisfy die-hard fans of the franchise.

The true strength of

"Halloween" comes from the stellar acting performances of its ensemble cast, with standout performances from Judy Greer as Karen Strode, Andi Matichak as Allyson Strode, Will Patton as Sheriff Hawkins, and Nick Castle as Myers.

However, it's Jamie Lee Curtis' performance as Strode that stole the show. She is truly astonishing with the variety of emotions that she gives to her character, especially when the movie deals with serious issues such as PTSD and alcoholism. Like Sarah Connor in "Terminator 2: Judgment Day",

Strode goes from being a random victim of a violent act to becoming a survivalist who's selflessly willing to lay down her life to protect her family.

Overall, "Halloween" honors the spirit and legacy of Carpenter's 1978 horror classic while reinvigorating the slasher genre for a new generation. I give "Halloween" an A+ because not only is it a love letter to die-hard "Halloween" fans, but it also provides solid acting performances from its ensemble cast and genuinely frightening sequences that will undoubtedly keep the audience on the edge of their seats even after the credits start to role.

Editor's Note: This is the final movie review for Cameron Junge, who is close to graduation. The Times thanks Junge for his reviews over the past year and a half.

Mustangs Endure Windy Day at Noelridge Park

Men Place 5th Overall out of 23

By Mahlon Steepleton
Sports Editor

The original cross-country course located at Seminole Valley Park was underwater due to the extreme amount of rain that Cedar Rapids had for the past month, the Stampede was switched to Noelridge Park. It was also senior recognition day.

Noelridge Park for years has been home to high school cross-country meets. So, the switch of venues was easy for Mount Mercy. However, it was a cold and very windy day Oct. 20. The wind was whirling around 25 mph, with wind gusts of 45 mph. Even so, men's and women's runners had personal bests on the day. Times would've been dropped by 30-45 seconds without wind.

The Mustang men's team had a strong day, finishing fifth place overall out of 23 teams, with 185 points. The competition includes six ranked teams. Plus, many teams had received votes in the latest NAIA coaches' polls.

Senior James Lindstrom was the first Mustang to cross the 8k finish line with a time of 26:02. Lindstrom finished third place finish overall, out of a field of 276 runners.

Senior Colton Forster finished second on the team (14th overall), with a time of 26:35. Forster was followed by junior Aaron Golding (39th overall / 27:06), senior Michael Marshall (46th / 27:14), sophomore Cameron

Steffens (102nd / 28:25), junior Jacob Blackmon (106th / 28:27), and junior Sayed Opeyany (139th / 29:03) rounded out Mount Mercy's top seven.

Senior Michael Marshall from Center Point, Iowa, ran an outstanding race.

“Everyone looked strong with their performances heading into our conference meet.”

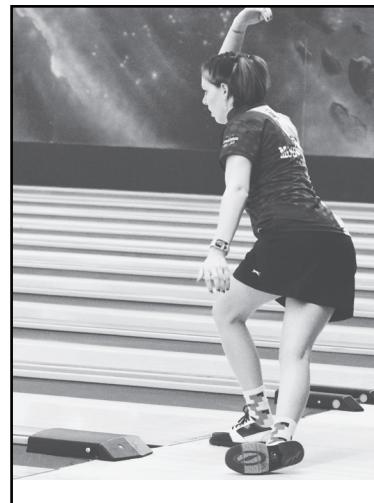
Michael Marshal

their performances heading into our conference meet.”

Kaitlyn Shoemaker of Saint Mary (Kansas) outpaced the competition as she won the women's individual 5k title with a time of 18:24.

Junior Vanessa Cortes was the first woman to cross the finish line for the Mustangs with a time of 19:21. This was good for an 11th place overall finish with a field that consisted of 286 runners. Rounding out the Mustangs top seven included junior Andrea Ertz (50th / 20:18), senior Alexa Zamora (56th / 20:21), freshman Emily Erickson (71st / 20:33), sophomore McKenna Johnson (89th / 20:50), senior Samantha Croghan (91st / 20:52), and senior McKenzie Mellecker (126th / 21:34).

The Mustangs will compete in their fourth Heart of America Athletic Conference Cross Country Championships this Saturday in Atchison, Kansas.



Nicole Carl /Times

A Mustang woman's bowler competes at tournament over the weekend. The men's and women's teams placed 2nd and 4th place respectively over the weekend at the Lions Classic.

Coach Jennings Excited for Season 4

Jennings Played Pro Ball in Croatia After College Career

By Lakin Goodman
Staff Writer

A familiar face at MMU that has worn many different hats, Head Men's Basketball Coach Aaron Jennings, definitely knows the ins and outs of Mustang basketball.

Since Jennings has been at Mount Mercy for almost 15 years, he's helped out in various ways. He served four years as the assistant men's coach, seven years as the head women's coach, and is now heading into year number four as the head men's coach. Standing at about seven feet tall, he's hard to miss on campus or on the sidelines.

Many people at Mount Mercy might not know that Coach Jennings briefly played basketball professionally in Croatia and here in Cedar Rapids for the River Raiders after his collegiate career at Northwestern. Learning basketball from all these different angles helped shape Jennings into the coach he is today.

With games starting next weekend, Jennings had to set himself and his team up for success with pre-season.

“Preseason was great. The guys worked hard and we saw improvements across the board in the weight room and on the court,” said Jennings.

Lions Classic



Nicole Carl /Times

The Mustang men's and women's teams relax and stretch together before their tournament over the weekend.

He uses a strategy of being very involved during preseason and training in general. Taking lifting as seriously as a game is something that sets him apart from other coaches.

“I have great assistants and I will lean on them to help with the team as well,” Jennings said.

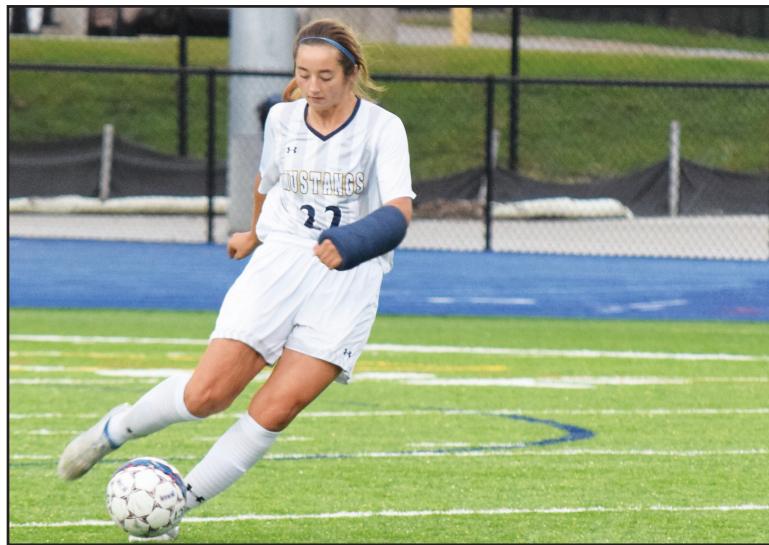
The joy that Jennings gets out of coaching makes his job fun. Although the time away from home and family makes it tough sometimes, seeing his players succeed on and off the court makes it worth it. Jennings explained, “the players that fail,” are the hardest thing about the job.

The players on the team this year have high energy and high expectations and Jennings can see that every day in practice. With the confidence he can see from his team and coaching staff, he's certain that they are going to compete for the Conference Championship and hopes they will qualify for the National Tournament.

“I want to break the school records for scoring and threes made in a season,” Jennings said.

Motivated by competitiveness and past success, Mount Mercy can expect a good showing from our men's basketball team this season. Their first home game of the season is on Nov. 3 at 3 p.m. in the Hennessey Recreational Center. They are playing against Maranatha Baptist University.

Mustangs Win Hard Fought Match Against Statesmen



Matthew Mumm /Times

Sam Blowers, a senior, is poised to kick the ball to a fellow teammate.

By Matthew Mumm
Staff Writer

The cold and windy evening of Oct. 10 didn't stop the women's soccer team as they battled against William Penn University at the Robert W. Plaster Athletic Complex.

The Mustangs got to work right away and heated up the field. With 7 minutes and 47 seconds left in the first half, sophomore Andrea Lopez got the first point on the board for the Mustangs.

As time was counting down in the rest of the first half, the Mustang defense was able to hold and keep William Penn off the score board as the Mustangs went to halftime with lead of 1 to 0.

Within 10 minutes of the second half, at the 35 minutes and 5 second mark, junior Adelaide Bayne scored the second point for the Mustangs.

As the Mustangs led with a score of 2 to 0, their defense still kept up the pressure. With time running down in the second half, William Penn didn't give up and was able to score, despite the Mustangs defense, with 9 minutes and 58 seconds on the clock to make the score 2 to 1 in favor of the Mustangs.

The Mustangs won at the end of the second half with a score

of 2 to 1. After this win against William Penn, the Mustangs raised their overall record to 6-5, and 2, with a conference record of 3 and 4.

"We needed this win, where we have come up short in a few games in the past."

Andrea Lopez

"Today's game was a very important, by trying to get into the conference tournament," said Lopez. "We needed this win, where we have come up short in a few games in the past. I wanted to get out there and get the first goal."

"We need to get more conference wins and this one win was needed. We're looking forward the next conference games and hopefully get more wins," said Bayne.

Men Lose 2-1 in Double-Overtime

By Matt Mumm
Staff Writer

The men's soccer team took the field at Robert W. Plaster Athletic Complex on Oct. 10 against the William Penn Statesmen only to lose in the end.

In the first half, the Mustangs had great defense, not allowing the Statesmen to score. The first half ended with the Mustangs and Statesmen tied at 0.

In the second half, senior Souleymane Diallo was able to get past the Statesmen defense to score the first goal for the Mustangs, making the score 1 to 0 with a Mustang lead.

As the second half was counting down and the Mustangs still had the lead, the Statesmen were able to get past the Mustangs' defense and scored with 23

minutes and 22 seconds left in the second half, making the score tied 1 to 1.

As time was counting down at the end of regulation, the score remained the same, causing the game to go into overtime.

"We are playing good so far. We have had a couple of opportunities to score and end the game, but I feel that the referee has made a couple of bad calls," said freshman Kyle Wills at the time. Wills was injured and unable to play, but still showed his support on the sidelines.

With only 59 seconds remaining in the second overtime, Statesman player Summer Cassidy was able to get past the Mustangs defense to score the winning goal for Statesmen, ending the game with a score of 2 to 1.

"We got unlucky at the last minute, but I am very



Matthew Mumm /Times

Mustang Rohan Lindsey (above) passes the ball to another teammate.

Orlando Clarke (right) looks to steal one from one of William Penn's players during the match.



Did you know **Midterms** are more important than Presidential elections?

80,000 officials will be elected into office this year, including the entire House of Representatives, 1/3 of the Senate, and 36 Governors.

VOTE

TUESDAY, NOVEMBER 6

Not registered? No problem, in Iowa, you can register on Election Day and then vote. Get all the information you need at i.vote.org/IowaEDR

Problems voting? Call the Election Protection Hotline at (866) OUR-VOTE • (866) 687-8683